

*I Am
Prosperous*

GUIDEBOOK

by Lucinda Rae

About the deck

I would love everyone to have these affirmative blessings to begin their day. Imagine waking up and calling out to remember what is innately true over your morning cup... How would that affect your overall energy and day? You deserve to feel great and capable of conquering your day and its beautiful potential.

I used to feel positive affirmations were silly and my mind would outsmart them. Then on my spiritual journey, I learned the power of prayer. Through prayer, I discovered that our thoughts and beliefs create our moods, uplift our emotions, and affect our overall reality. The power of what we believe is truly a potent.

Our beliefs create our thoughts, and our thoughts create our reality. In these affirmations, we learn to create conscious thoughts that can shift our underlying beliefs and empower our experience of life.

I was in the midst of a heartbreak and feeling small within myself. So much energy and time was pouring through me in the depths of my sadness. It was clouding my ability to function, be productive, and shine like I desired.

It made me reflect on all the ways we waste our energy when we are not standing in our highest truth and potential.

In these dark moments, I was given grace in the form of a ray of light and the inspiration to shift my language, words, and beliefs I was using about my life.

This creative blast of energy inspired the creation of this deck.

I began the journey of the I AM statements and brought forth 48 of them that resonated for me.

First, I watercolored a large cosmic violet and indigo painted background as one unified field. From this, each I AM statement revealed itself as one part of the whole and became each card of the deck.

This deck represents your wholeness. As we recognize our Divine nature, we remember and weave together the many facets of our being.

May each card offer a remembrance of your true Self.

Ways to use the cards...

FOR YOURSELF

These cards are an empowering way to start the day. And throughout the day or anytime.

- Pull a card for the day over your morning cup
- Draw a card as a ritual to begin paying bills
- Carry them in your purse and when you're having a down moment and in be inspired
- Take them with you to your kid's sporting event
- Draw a card as you're talking with your friend to share inspiration
- Put in on an altar
- Place it in your car
- Tape one (or several) to the mirror

Ways to use the cards...

WITH FRIENDS OR IN A CIRCLE

These are cards a powerful way to create and deepen community and a wonderful tool of inquiry or reflection.

- Pull a 3-, 4-, 5-card spread and tell a story about it
- Pull 3-cards, each to represent the past, present, and future... and then share about it
- Blindly select a card to reflect your personal intention or dream. This card offers insight into where you are currently challenged or having resistance. Share with the circle the doubts, fears, or uncertainty that comes up so you can move through this challenge into a empowered experience and own the affirmation.
- Pick a card that reflects the underlying intention for the next quarter
- Each person picks a card and reads it for the whole group as a collective affirmation statement and the whole group joins in

Ways to use the cards...

TO SHARE WITH THE WORLD

It's my vision these are shared with the world.

Here are some ways to share with others in need of an uplifting message.

Get creative and share with the world!

- Leave them at the table at the coffee shop
- Let your house guests chose one as the arrive
- Leave with a tip at the restaurant
- Drop it with the banker when you make a deposit
- Leave one with your pedicurist
- Mail it randomly to a friend or family member with a little love note
- Leave it on the bus
- Take a photo and share on social media with an inspiring message

I Am Prosperous prayer

I AM ABUNDANT
I AM AFFLUENT
I AM ANOINTED
I AM BEAUTIFUL
I AM BLESSED
I AM BLOOMING
I AM BRAVE
I AM BRILLANCY
I AM COMMITTED
I AM COURAGEOUS
I AM CREATIVE
I AM DESIRED
I AM ENOUGH
I AM FEARLESS
I AM FINANCIALLY FREE
I AM FLOURISHING
I AM GIFTED
I AM HEALTHY
I AM KIND
I AM A LEADER
I AM LOVED
I AM LUCRATIVE
I AM MAGNETIC
I AM MYSELF

I AM OPULENT
I AM PEACEFUL
I AM POWERFUL
I AM PROSPEROUS
I AM RECEPTIVE
I AM RELAXED
I AM RICH
I AM SECURE
I AM SEXY
I AM SKILLED
I AM SPIRITED
I AM STRONG
I AM SUBSTANTIAL
I AM SUCCESSFUL
I AM TALENTED
I AM THAT I AM
I AM UNIQUE
I AM VALUED
I AM VIBRANT
I AM VIGOROUS
I AM WEALTHY
I AM WHOLENESS
I AM WORTHY

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